



FOR IMMEDIATE RELEASE

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**UNITED HEALTH FOUNDATION GRANTS RECIPE FOR SUCCESS PROGRAMS
TO FIVE LOUISIANA SCHOOLS**

September 19, 2017. Houston, Texas. Recipe for Success Foundation is excited to partner with United Health Foundation to provide its signature nutrition education programming to five elementary schools in Louisiana. Awarded on a competitive basis, successful applicants will become Recipe for Success Foundation Affiliate Partners, licensed and trained to provide the proven Seed-to-Plate Nutrition Education™ program to their students. These integrated gardening and cooking classes, aligned with core learning objectives, are woven throughout the academic year using hands-on learning techniques resulting in impressive effects on child eating behavior.

Selected schools will enjoy three years of waived licensing, training and curriculum subscription fees as well as professional development support, culinary and garden classroom kits and other assets valued at \$10,000 per campus. Recipe for Success Affiliate partners have access to online training and certification, support materials and suggested lesson plans, garden and culinary experts and a forum to share best practices with fellow S2P Instructors across the country.

Seed-to-Plate Nutrition Education™ was created and tested for six years by Recipe for Success Foundation before being made available to schools nationwide. The program, for 4-12 year old students makes healthy food deliciously fun. Developed by chefs, teachers and gardeners and extensively tested by nutritionists and scientists, the hands-on learning empowers children with knowledge and lifelong skills to create healthy, yet tasty snacks and meals for themselves. Using integrated gardening and culinary lessons, trained and certified S2P Instructors lead students through flavor explorations including how taste buds work together and execution of easy recipes created with fresh seasonal produce from their own gardens, where they learn the source of their food and its full cycle from planting through harvest. Complementary worksheets incorporate our healthy message into core subjects, including math, science, language arts and social studies, spiced up with engaging contests—all aligned with PreK-8th grade learning objectives.

Interested schools can apply [here](https://www.surveymonkey.com/r/RFS-UHFGrant) (https://www.surveymonkey.com/r/RFS-UHFGrant) until November 27, 2017. Once campus will be selected in each of the following Louisiana communities: Baton Rouge, Lafayette, Monroe, New Orleans and Northshore.

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About Recipe For Success Foundation

Entering its second decade, Recipe for Success Foundation is a non-profit 501C3 that focuses on combating childhood obesity by changing the way our children understand, appreciate and eat their food and by educating and mobilizing the community to provide healthier diets for children, with programs that have empowered more than 30,000 children in Houston and beyond with the knowledge and skills they need to lead healthier lives. The Foundation works to create a culture where nutritious food is shared, appreciated, and celebrated. Through its award-winning efforts like the nationally offered Seed-to-Plate Nutrition Education™ in schools, Eat It! Food Adventures children's cookbooks, farmers marKIDS DAYS and the VegOut! 30-Day Challenge, and the Hope Farms urban agriculture project in Houston, the Foundation works to make healthy food appealing and available to everyone. For more information call 713-520-0443 or see www.recipe4success.org