

HOUSTON DIGS REAL FOOD

in celebration of national Food Day 2014



What is Food Day?

Food Day is a nationwide celebration and movement for healthy, affordable and sustainable food. As official Food Day Houston organizer, Recipe for Success promotes citywide events to celebrate fresh, local produce.

Save
the date!
**Oct. 24,
2014**

Houston, let's plant veggies on Food Day!

1. Contact Recipe for Success Foundation to receive your **FREE veggie seed packets**, donated by our friends at Botanical Interests.
2. On **Friday, October 24, 2014**, plant your veggie seeds with friends, family, coworkers or classmates - **don't forget to snap a photo or video!**
3. Share your photos and videos on Facebook, Twitter and Instagram using the hashtags: **#HoustonDigsRealFood #FoodDayHouston #FoodDay2015**

Take part with folks citywide for Food Day 2014!

Friday, October 24, 2014 | **#HoustonDigsRealFood**

To register for the Houston Digs Real Food planting and reserve complimentary seeds, email tracy@recipe4success.org or call (713) 520-0443.

