

FOR IMMEDIATE RELEASE

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Changing the way our children eat

RECIPE FOR SUCCESS HAS INSPIRED HOLIDAY GIFTS FOR EVERY FOODIE ON YOUR LIST

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November 18, 2013. Houston, Texas. What to give the home cook who has everything? How about the jaded foodie who's tried every spot in town? Or your pint-sized aspiring chef? Put on a pot of spiced tea and rest easy, we've got you covered.

RecipeHouse Gift Cards Tucked at the edge of Montrose and the Museum District in the heart of Houston is RecipeHouse, our cozy culinary event space, where we host a full calendar of chef-led dinners, cooking classes and camps for foodies of all ages. Gift cards can be created for any amount and are redeemable for any of our regularly scheduled events, including Chef Surprise - our monthly series of multi-course wine dinners led by Houston's hottest chefs, fun and informative cooking classes for kids and adults, certified Girl Scouts culinary badge classes, and our spring break and summer camps that teach aspiring foodies both how to make yummy, healthy treats as well as how to recognize how junk food is marketed to them.

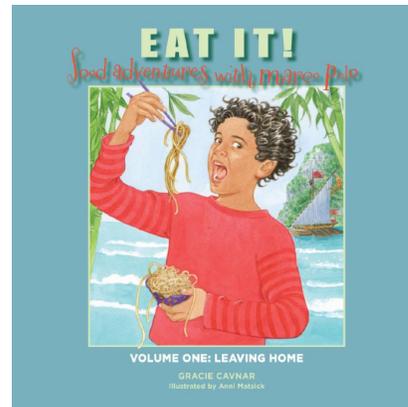


RecipeHouse Gift Cards can also be used toward private events to help you celebrate special occasions in a memorable way. Let us host your next birthday party, baby shower or rehearsal dinner or bring your staff for worksite wellness and team-building events or abusiness meeting with a deal-making meal.

For more info and to purchase, email marisol@recipe4success.org or call 713.520.0443.

Eat it! Food Adventures with Marco Polo by Gracie Cavnar

Our first book by Recipe for Success Founder Gracie Cavnar is a children's cookbook meets adventure tale that has won numerous awards since its release this past year. The story follows Tavi, a young explorer, as he journeys with Marco Polo on his expedition along the old Silk Road, during which he tries many new foods. Readers can bring the story to life by making the 33 different recipes included in this first volume in their own kitchens. The book also includes beautiful watercolor illustrations throughout, as well as an illustrated glossary of terms and map of the expedition. The story is perfect for young adventurers to encourage culinary exploration.



Place your order [here](#) or on [Amazon](#).

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Recipe for Success' Canned Gardens Skip the candy and trinkets for this year's stocking stuffers, Hannukah gifts and Secret Santa exchanges, and give the gift that keeps on giving: a garden! These easy as pie kits provide everything you need to grow the vegetables and herbs for your favorite



recipes. As we know at Recipe for Success, the more involved kids are in growing, harvesting and preparing what they eat, the more likely they are to try new foods and understand where their food comes from. Your aspiring lil' foodie will love tending their garden and watching it grow! Available in five varieties at \$12 each, or snag the whole set for \$50.

For more info and to purchase, email marisol@recipe4success.org or call 713.520.0443

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Hi-res photos, testimonies and review copies available.

About Recipe for Success Foundation

Established in 2005 to address the pandemic of childhood obesity by transforming the way children eat, Recipe for Success Foundation has created measurable change for more than 20,000 Houston elementary students with its Seed-to-Plate Nutrition Education™ program. Making healthy eating fun by teaching children how to grow, harvest and cook nutritious foods, Recipe for Success Foundation empowers them to make a lifetime of healthy eating decisions. The Foundation has attracted national attention and answered the call to expand its reach beyond Houston roots with its Affiliate Partner Program, which offers Seed-to-Plate Nutrition Education™ instructor training to schools nationwide. Affiliate Partner applications are available by contacting the Foundation directly.

Recipe for Success Foundation also strives to help Houstonians provide healthier diets for their children by advocating equitable access to affordable produce, as well as conducting community outreach projects including VegOut!, the citywide challenge to eat more veggies. In 2012, RFS entered the multimedia realm with a children's cookbook, *Eat it! Food Adventures with Marco Polo*, which has earned numerous prestigious publishing awards. Recipe for Success Foundation's efforts make healthy eating fun and normalized in our culture. Learn more at recipe4success.org.